

10 Ways Men Can Improve Their Marriage Right Now

Men, you don't have to wait for the next marriage conference or counseling appointment to improve your relationship with your wife. Certainly, sign up for that next marriage conference, and everyone can benefit from marriage counseling. However, having a better marriage doesn't have to hinge on an appointment or event. **You can make big changes today!**

1. Prioritize 'hellos' and 'goodbyes'

Be intentional about how you say 'goodbye' when you're leaving for work. Do the same when you return and see each other for the first time. Let her know you're excited to see her and spend a few minutes catching up.

2. Get counseling (for you)

Getting personal help and therapy for yourself is sometimes even more important than marriage counseling. The goal of counseling is not to fix your past as much as it is to be 100% aware of yourself, which will help you, your future, and your marriage.

3. Ask questions

To get to know your wife, you have to ask questions. Consider some questions you can ask that will result in more than just small talk.

4. Plan a date

When people talk about 'being intentional,' they mean making a plan. Plan a date that has a beginning, middle, and end. It's not a date if it's not intentional. Show your spouse she's valuable by putting in the time to plan.

5. Say 'yes' more often

Stop saying 'no' so much. If she wants to go to that place or watch that show or eat at that restaurant or whatever, why do you have to be such a pessimist by saying 'no' all the time? Get off the couch and go with her. You might enjoy it.

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6. Do the dishes

Or wash some clothes. Thinking certain household chores are gender specific will lead to unnecessary conflict. Don't you think it's a double standard to expect her to work all day and also work when she's home so you get to "relax" after a hard day's work? If you wanted a servant, you should have just hired a maid. Communicate to her that her value goes beyond her ability to clean up after you.

7. Be home on time

In your relationship, you get to establish what trust should look like. You show her you are trustworthy by calling when you'll be more than ten minutes late. If someone asks your wife where you are, she should never have to say, "I don't know."

8. Tell her she's beautiful... everyday

Are you assuming she knows you find her attractive because you want to have sex all the time? Tell her every morning so in case someone else tells her, she can respond, "Thank you, my husband also told me that this morning."

9. Call her for no reason

No-strings-attached calls tell her that you don't just need her, you genuinely like her. Your desire to speak to her isn't just about your needs but enjoying her company.

10. Read your Bible

When you read your Bible, you have a better chance of becoming the spiritual leader your marriage needs for success. There are endless helpful resources online to help begin.